

Pratice No.	Support Line & Offload Game	Date	June 2006
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Objective	Support and Offload Development
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Equipment		Practice Requirements	
Balls	1	Area	30x30 grid
Cones	4	Players	All
Shield	N/A	Time	20 minutes
Bags	N/A		
Suits	N/A		
Bibs	N/A		

Practice Description
<ul style="list-style-type: none"> The game begins with touch tackles. Once tackled the ball carrier is allowed to step beyond the tackle line and the support from either side run toward (or attack) the ball. The pass must be delivered behind the tackle line and not put back in front of the defence, so speed and decision making is vitally important. Develop the game to grip tackles below the rib cage so the ball can be offloaded. Progress to full tackles and the ball carrier must fight to keep the ball available. The support must be aggressive in attacking the ball and getting between and beyond defenders. When in full contact and the ball carrier cannot offload immediately, rucks and mauls may be played.

Set Up Diagram
<p>The touch and grip tackled player is allowed to step beyond the tackle line to draw the support in behind the defence.</p>

Key Coaching Points	Relevance to the game
<ul style="list-style-type: none"> Attack the space between defenders and accelerate through gaps. Keep the ball available to offload but safe in the grip. Scan with the eyes in front and ears behind. Aggressive and immediate support attacking the ball for the offload. Support to get in behind the defence. Look-Think –Do Process 	<p>This game promotes visual acuity in identifying opportunities in the defensive shape.</p> <p>The supporting players need to work for the ball carrier and attack the ball, getting in behind the defence for an offload.</p> <p>Once the tackle line has been breached the attack must not allow the defence time to reorganise.</p> <p>When progressed to full contact the demands on decision making increase.</p>